

# Selected Bibliography on Therapy and Cultural Competency

## ***I. The importance and challenges of studying multiculturalism:***

1. Gurin, P. & Nagda, BA. (2006). Getting to the what, how and why of diversity on campus. *Educational Researcher*, 35(1), pp. 20-24.
2. Smith, T.B., Richards, P.S., Granley, H.M. & Obiakor, F. (2004). Practicing multiculturalism: An introduction. In T.B. Smith (Ed.), *Practicing multiculturalism: Affirming diversity in counseling psychology* (pp 3-16). Boston: Pearson Education.
3. Jackson, L.C. (1999). Ethnocultural resistance to multicultural training: Students and faculty. *Cultural diversity and ethnic minority psychology*. Washington, DC: The Educational Publishing Foundation, 5(1) (pp. 27-36).

## ***II. History and Dynamics of Privilege (focus on racial privilege):***

1. Kivel, P. (1996). Part I: What color is white? In *Uprooting racism: How white people can work for racial justice* (pp 8-49). Philadelphia: New Society Publishers.
2. Tatum, B.D. (2002). Choosing to be black –The ultimate white privilege? In B. Singley (Ed.), *When race becomes real: Black and white writers confront their personal histories* (pp. 215-224). Chicago: Lawrence Hill Books.
3. Wise, T. (2002). White like me: Race and identity through majority eyes. In B. Singley (Ed.) *When race becomes real: Black and white writers confront their personal histories* (pp. 225-240). Chicago: Lawrence Hill Books.

## ***III. Allies and Accountability: how to work across cultural differences using the concepts of “Being Allies” and “Accountability”(includes issues of sexism and heterosexism)***

1. Accountability: New Directions for Working in Partnership. Dulwich Center Newsletter 1994 Nos. 2&3. Dulwich Center: Hutt St. PO Box 7192, Adelaide, South Australia, 500
  - Editorial by Christopher Mclean, pp 2-5
  - Partnership Accountability by Rob Hal, pp. 6-29
  - Pain, Hope, and Heterosexual Dominance by Alison Callie, pp. 30-39
  - Adopting the Principle of Pro-Feminism by Ian Law, pp. 40-43.

## ***IV. Liberation Theory in Practice: An example of Social Justice Theory in practice with adolescents***

1. Creighton, A. & Kivel, P. (1992). Liberation theory and practice. In *Helping teens stop violence: A practical guide for counselors, educators, and parents* (pp. 12-54). Alameda, CA: Hunter House.

## ***V. further readings***

Sue, D. & Sue, D. (2008). *Counseling the culturally diverse*. Hoboken, NJ: John Wiley & Sons

Liu, W., Hernandez, J., Mahmood, A. & Stinson, R. (2006). Linking poverty, classism and racism in mental health. In Constantine, M. & Sue D. (Eds.), *Addressing Racism* (pp. 65-86). Hoboken, NJ: John Wiley & Sons.

Foster, R. (1996). What is a multicultural perspective for psychoanalysis? In Foster, R., Moskowitz, M. & Javier, R. (Eds.), *Reaching across boundaries of culture and class: Widening the scope of psychotherapy* (pp. 3-18). Northvale, NJ: Jason Aronson.

Steele, C. (1999). Thin ice: Stereotype threat and black college students. In *The Atlantic*. Retrieved September 1, 2008 from <http://www.theatlantic.com/doc/199908/student-stereotype>

Kenney, K. (2005). Counseling multiracial individuals and families. In Lee, K. (Ed.), *Multicultural issues in counseling* (pp. 251-266). Alexandria, VA: American Counseling Association.

Kenney, K. (2005). Affirmative counseling with transgendered persons. In Lee, K. (Ed.), *Multicultural issues in counseling* (pp. 303-317). Alexandria, VA: American Counseling Association.

Kenney, K. (2005). Counseling people with disabilities: A sociocultural minority group perspective. In Lee, K. (Ed.), *Multicultural issues in counseling* (pp. 319-342). Alexandria, VA: American Counseling Association.

Brown, L. (2004). Feminist paradigms of trauma treatment. *Psychotherapy: Theory, Research, Practice, Training*, 41(4), 464-471.

Barrett, E. G. (2009). *Control Mastery Theory and Anti-Racism: Interviews with white Control Mastery therapists about Anti-racism as a therapeutic stance*. Dissertation: The Wright Institute. 154 pages. AAT 3376864.

Guidelines on Multicultural Education, Training, Research, Practice and Organizational Change for Psychologists. (2003) *American Psychologist*, 58 (5), 377-402.

Hays, P. A. (2008). *Addressing Cultural Complexities in Practice: Assessment, Diagnosis, and Therapy* (2nd edition). Washington, D.C.: American Psychological Association Press.

LaRoche, M.J. & Maxie, A., (2003). Ten Considerations in Addressing Cultural Differences in Psychotherapy. *Professional Psychology: Research and Practice*, 34 (2), 180-186.

*Psychological Treatment of Ethnic Minority Populations*, Council of National Psychological Associations for the Advancement of Ethnic Minority Interests, Published by the Association of Black Psychologists, Washington, D.C., November 2003.

McGoldrick, M., Giordano, J. & Garcia-Preto, L. editors (2005). *Ethnicity and Family Therapy*, New York. Guilford Press.